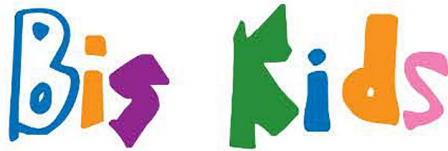


QUARTELY NEWSLETTER



Who we are

BIS Kids is an evidence-based PROACTIVE PREVENTION PROGRAM against substance use. Our CBSG® Program provides interactive online Zoom classes for children 7-12 years of age of no cost to their families. All participants are 100% funded through scholarships. We use age-appropriate language, games, music, art, stories and fun to teach social and emotional skills. We provide children with the life skills necessary to overcome adversity and to promote a healthy lifestyle.



One-Hour OPEN Zoom Classes
Monday thru Friday
4-5pm PST



Our Mission

"BIS Kids"

Believe in Success Kids
Believe in Solutions Kids
Believe in Sobriety Kids

We encourage children to create a path to good health and well-being. We teach children skills that promote a drug-free future. BIS Kids empowers children by providing them with a "toolbox" they can use to promote healthy life development. Our program is educational, fun, and engaging!
BIS Kids is a nonprofit 501 3 (c) corporation

Enroll Now

- 1.) Go to biskids.org/contact-5
- 2.) Complete the registration form
- 3.) Start BIS Kids classes today!

Asistencia en Español

Heidi Solano - (949)-257-5198



Instagram: [@biskidsusa](https://www.instagram.com/biskidsusa)
Website: www.biskids.org

Show Your Support

**BIS Kids relies on the generosity of donors to support the children we serve.
Please consider making a donation by scanning the QR code with your phone's**

camera or text BISKIDS to 53-555.

Whats next for our BIS Kids students...

July: Self love

Our students learned that self love is not selfishness! Think of the popular metaphor about oxygen masks on an airplane: its says to always put yours on first, then assist others! Self-love and self-care are crucial in self-esteem development and both reduce the overall likelihood of engaging in risky behaviors. Additionally, cultivating self-love and self-compassion enables us to more easily express love and compassion towards other



August: Healthy Relationships

The BIS Kids team aims to empower children with skills needed to create and maintain healthy relationships. This month, we're taking a look at our relationships with friends and family, and classmates.



September: Responsibility

Confidence empowers children to own and embrace what makes them unique; moving through life with an "I CAN DO IT" attitude. Throughout the month, our students will explore what it feels like to accept and celebrate their individuality through positive self-affirmation. Confidence does not mean being perfect or having unrealistic expectations, it means having a healthy growth mindset.



PARTNERSHIP ANNOUNCEMENT



BUILDING CONFIDENCE AND INNER STRENGTH

Teaming up with all for KIDS allows us to extend the reach of our substance use prevention program. Together, we are committed to creating a community where children are educated, empowered, and equipped to make healthy choices.

How We'll Make a Difference:



- Educational Initiatives
- Youth Empowerment
- Community Building
- Embracing Diversity

**We invite you to join us on this inspiring journey!
Whether through volunteering, sharing your ideas, or
supporting our initiatives, your involvement is
invaluable.**